

Multi Essential

<http://www.futurenutrition.com/multi-essential/>



PRODUCT SPECIFICATIONS

Natural Product Number (NPN): 80049567

Recommended use or purpose:

- Multi-vitamin/mineral supplement for the maintenance of good health.
- Helps to form red blood cells and helps in their proper function.
- Helps the body to metabolize carbohydrates, fats and proteins.
- Provides support for healthy glucose metabolism.
- Helps to maintain immune function.
- Helps in the function of the thyroid gland.
- Helps in tissue formation.
- Helps to maintain healthy skin.

Each capsule contains:

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VITAMINS	
Vitamin A (Vitamin A acetate).....	300 mcg RAE(1000 IU)
Beta-carotene.....	1.2 mg (2000 IU)
Vitamin C.....	120 mg
Vitamin D3 (Cholecalciferol).....	10 mcg (400 IU)
Vitamin E (dl-alpha-Tocopheryl acetate from Glycine max seed).....	23 mgAT (50 IU)
Vitamin K1 (Phylloquinone)	25 mg
Vitamin B1 (Thiamine mononitrate).....	2.5 mg
Vitamin B2 (Riboflavin).....	5 mg
Vitamin B3 (Niacinamide).....	15 mg
Vitamin B6 (Pyridoxine hydrochloride).....	5 mg
Folic acid (Folate).....	400 mcg
Vitamin B12 (Cyanocobalamine).....	6 mcg
Biotin.....	40 mcg
D-Pantothenic acid (Calcium D-pantothenate).....	10 mg
MINERALS	
Iodine (Potassium iodide).....	150 mcg
Calcium (Calcium carbonate).....	40 mg
Magnesium (Magnesium oxide).....	40 mg
Zinc (Zinc sulfate).....	10 mg
Selenium (Sodium selenite).....	55 mcg
Copper (Cupric citrate).....	1 mg
Manganese (Manganese (II) sulfate).....	2.5 mg
Chromium (III) polynicotinate.....	25 mcg
Molybdenum (Sodium molybdate).....	45 mcg
Potassium (Potassium chloride).....	40 mg
Nickel (Nickel sulfate).....	5 mcg
Vanadium (Sodium metavanadate).....	10 mcg
Iron (Ferrous gluconate).....	5 mg
Carotenoids	
Lutein (from Tagetes erecta flower).....	0.5 mg
Lycopene ((all-trans)-Lycopene).....	0.5 mg

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Non-medicinal ingredients: Maltodextrin, Calcium Carbonate, Magnesium Stearate, Hypromellose (Veggie Capsule).

Recommended dose (adults):

1 capsule once daily.

Directions for use: Take with food a few hours before or after taking other medications.

CAUTIONS: Not intended for children. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner prior to use if you have health conditions. Do not use if security seal is broken. Keep in a cool and dry place away from children.

Available in: 90 veggie caps bottle

UPC Code: 6 66720 30026

