

BerryGreens 100% Organic

<http://www.futurenutrition.com/berrygreens/>



PRODUCT SPECIFICATIONS

Recommended use or purpose:

- Phytochemical-rich blend of ingredients to increase your energy.
- Source of antioxidants to reduce oxidative stress/damage for the maintenance of good health and additional ingredients to help (temporarily) to promote alertness, wakefulness, enhance cognitive performance, relieve fatigue, promote endurance and enhance motor performance.

Each Scoop (8.5 g) contains:

Nutrition Facts			
Serving Size: 1 Scoop (8 g)			
Servings Per Container: 37			
Amount Per Serving		Calories from Fat 0	
Calories 25			
	% Daily Value*		% Daily Value*
Total Fat 0 g	0%	Total Carbohydrate 6 g	2%
Saturated Fat 0 g	0%	Dietary Fiber 3 g	12%
Trans Fat 0 g		Sugars 2 g	
Cholesterol 0 mg	0%	Protein 1 g	
Vitamin A	10%	Calcium	0%
Vitamin C	8%	Iron	2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs

Ingredients: **Organic Greens & Vegetables Blend:** Organic Inulin 3035 mg, Organic Alfalfa Juice Powder 1000 mg, Organic Spinach 350 mg, Organic Spirulina 250 mg, Organic Broccoli 250 mg, Organic Kale 200 mg, Organic Parsley 200 mg, Organic Green Cabbage 50 mg, Organic Kelp 50 mg, Organic Seagreens® (Ascophyllum nodosum) 50 mg, Organic Hemp Protein 50 mg, Organic Chlorella 50 mg, Organic Collard Greens 5 mg, Organic Carrot 5 mg, Organic Beet 5 mg, Organic Tomato 5 mg, Organic Broccoli Sprout 5 mg, Organic Cauliflower Sprout 5 mg, **Organic Reds and Fruits Blend:** Organic Apple 1400 mg, Organic Cranberry 10 mg, Organic Strawberry 10 mg, Organic Blueberry 10 mg, Organic Grape Seed 10 mg, Organic Acai, 10 mg, Organic Black Currant, 10 mg, Organic Raspberry 10 mg, Organic Acerola Cherry Extract Powder 10 mg, Organic Apple Extract Powder 5 mg, Organic Pomegranate Extract Powder 5 mg, Organic Hawthorne Berry Extract Powder 5 mg, Organic Plum Extract Powder 5 mg, Organic Goji Extract Powder 5 mg, Organic Blueberry Extract Powder 5 mg, Organic Pomegranate Juice Powder 5 mg. **Antioxidant Blend:** Organic Rosemary 10 mg, Organic Green Tea Leaf Extract Powder 10 mg, Organic Mushroom Blend (Pleurotus eryngii, Cordyceps militaris, Trametes versicolor, Ganoderma lucidum, Agaricus blazei, Hericium erinaceus, Grifola frondosa, and Antrodia camphorata) 10 mg, Organic Turmeric 10 mg, Organic Ginger 5 mg, Organic Cinnamon Extract Powder 5 mg, Organic Rhodiola Rosea Extract Powder 5 mg, Organic Nettle 5 mg, Organic Burdock Root 5 mg, Organic Astragalus Root 5 mg, Organic Garlic 5 mg. **Other Ingredients:** Organic Natural Berry Flavors, Citric Acid, Organic Stevia Leaf Extract.

Organic Greens & Vegetables Blend:

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Organic Reds and Fruits Blend

(Organic Apple 1400 mg, Organic Cranberry 10 mg, Organic Strawberry 10 mg, Organic Blueberry 10 mg, Organic Grape Seed 10 mg, Organic Acai, 10 mg, Organic Black Currant, 10 mg, Organic Raspberry 10 mg, Organic Acerola Cherry Extract Powder 10 mg, Organic Apple Extract Powder 5 mg, Organic Pomegranate Extract Powder 5 mg, Organic Hawthorne Berry Extract Powder 5 mg, Organic Plum Extract Powder 5 mg, Organic Goji Extract Powder 5 mg, Organic Blueberry Extract Powder 5 mg, Organic Pomegranate Juice Powder 5 mg).

Antioxidant Blend

(Organic Rosemary 10 mg, Organic Green Tea Leaf Extract Powder 10 mg, Organic Mushroom Blend (Pleurotus eryngii, Cordyceps militaris, Trametes versicolor, Ganoderma lucidum, Agaricus blazei, Hericium erinaceus, Grifola frondosa, and Antrodia camphorata) 10 mg, Organic Turmeric 10 mg, Organic Ginger 5 mg, Organic Cinnamon Extract Powder 5 mg, Organic Rhodiola Rosea Extract Powder 5 mg, Organic Nettle 5 mg, Organic Burdock Root 5 mg, Organic Astragalus Root 5 mg, Organic Garlic 5 mg).

Other Ingredients: Organic Natural Berry Flavors, Citric Acid, Organic Stevia Leaf Extract.

Suggested dose:

Mix one scoop in 140-250 ml water or your favourite beverage.

Cautions: For adults use only. Consult a health care practitioner if you are pregnant or breastfeeding. Consult a healthcare practitioner if you have gastrointestinal distress, cardiovascular disorder, and liver or kidney conditions or if you have high blood pressure or diabetes. Do not use if you are taking medications or health products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid) as this may increase the risk of spontaneous bleeding. Do not use if you are taking thiazide diuretics, cardiac glycosides, corticosteroids, stimulant laxatives or other medications which may aggravate electrolyte imbalance. Herbs may cause transient adverse effects such as nausea, vomiting, and gastrointestinal problems due to a variety of natural constituent. Caution should be used in individuals having known allergies to plants. Consult a health care practitioner if symptoms persist.

Available in: 300 g Jar

UPC Code: 6 66720 30112

